

# Middle School Breakfast Menu

May 2019



Monday	Tuesday	Wednesday	Thursday	Friday
		1 Early Release Day <i>Breakfast:</i> <b>Fresh Baked Breakfast Bread</b> <i>C-336 TF-11g SF-2g CB- 56g</i>	2 <i>Breakfast:</i> <b>French Toast Stix w/Sausage*</b> <i>C-340 TF-12.5g SF-2.5g CB-44g</i>	3 <i>Breakfast:</i> <b>Breakfast Pizza*</b> <i>C-210 TF-7g SF-2g CB-26g</i>
6 <i>Breakfast:</i> <b>Cheese Omelet w/ Hashbrown Stick</b> <i>C- 210 TF-11.5g SF-3g CB-17g</i>	7 <i>Breakfast:</i> <b>French Toast</b> <i>C-260 TF-6g SF-1g CB-45g</i>	8 Early Release Day <i>Breakfast:</i> <b>Fresh Baked Breakfast Bread</b> <i>C-336 TF-11g SF-2g CB- 56g</i>	9 <i>Breakfast:</i> <b>Waffle Stick w/Sausage*</b> <i>C-270 TF-9.5g SF-3g CB-36g</i>	10 <i>Breakfast:</i> <b>Breakfast Pizza*</b> <i>C-210 TF-7g SF-2g CB-26g</i>
13 <i>Breakfast:</i> <b>Benefit Breakfast Bar</b> <i>C-290 TF-9g SF-3g CB-48g</i>	14 <i>Breakfast:</i> <b>Breakfast Sandwich w/Sausage &amp; Cheese*</b> <i>C-275 TF-11g SF-4g CB-31g</i>	15 Early Release Day <i>Breakfast:</i> <b>Yogurt Parfait</b> <i>C-337 TF-6.5g SF-1.25g CB-68 g</i>	16 <i>Breakfast:</i> <b>Cinnamon Glazed Pancakes w/Sausage*</b> <i>C-290 TF-11.5g SF-3g CB-36g</i>	17 <i>Breakfast:</i> <b>Handmade Egg &amp; Cheese Burrito</b> <i>C-400 TF-21g SF-11g CB-35g</i>
20 <i>Breakfast:</i> <b>Mini Pancakes w/Sausage*</b> <i>C-290 TF-11.5g SF-2.5g CB-37g</i>	21 <i>Breakfast:</i> <b>Breakfast Sandwich w/Ham &amp; Cheese</b> <i>C-282 TF-10.5g SF-4.5g CB-29.5g</i>	22 Early Release Day <i>Breakfast:</i> <b>Fresh Baked Breakfast Bread</b> <i>C-336 TF-11g SF-2g CB- 56g</i>	23 <i>Breakfast:</i> <b>French Toast Stix w/Sausage*</b> <i>C-340 TF-12.5g SF-2.5g CB-44g</i>	24 <i>Breakfast:</i> <b>Breakfast Pizza*</b> <i>C-210 TF-7g SF-2g CB-26g</i>
27 <b>HOLIDAY</b> <i>Memorial Day</i>	28 <i>Breakfast:</i> <b>French Toast</b> <i>C-260 TF-6g SF-1g CB-45g</i>	29 Early Release Day <i>Breakfast:</i> <b>Fresh Baked Breakfast Bread</b> <i>C-336 TF-11g SF-2g CB- 56g</i>	30 <i>Breakfast:</i> <b>Waffle Stick w/Sausage*</b> <i>C-270 TF-9.5g SF-3g CB-36g</i>	31 <i>Breakfast:</i> <b>Breakfast Pizza*</b> <i>C-210 TF-7g SF-2g CB-26g</i>

**FREE Breakfast Meals Served Daily**

- Bagel
- Cinnamon Roll
- PBJ Uncrustable
- Pan Dulce
- Breakfast Mini Rings
- Yogurt
- Cereal

*Breakfast Meal Includes:* Breakfast Entrée, Fresh Fruit, Fruit Juice and Milk

Calories, Total Fat, Total Saturated Fat and Carbohydrates are provided for each item. Complete nutritional information is available on our website.  
www.beaumont-ca.schoolloop.com

+ Contains Turkey; # Contains Chicken; \* Contains Pork/Ham  
\*\*Menu Subject To Change Without Notice\*\*  
**This institution is an equal opportunity provider.**  
*All grains meet the whole grain-rich criteria for lunch and breakfast.*

# Middle School Lunch Menu

May 2019



Monday	Tuesday	Wednesday	Thursday	Friday
		<b>1 Early Release Day</b> Lunch: <b>Orange Chicken w/Chow Mein Stir Fry</b> <i>C-330 TF-3g SF-.5g CB-56g</i>	<b>2</b> Lunch: <b>Enchirito- Chicken</b> <i>C-385 TF-14g SF-7g CB-36.5g</i>	<b>3</b> Lunch: <b>Chili Fries</b> <i>C-350 TF-9.5g SF-1.5g CB-39g</i>
<b>6</b> Lunch: <b>Nacho Bites</b> <i>C-270 TF-10g SF-4g CB-32g</i>	<b>7</b> Lunch: <b>Build Your Own Chicken Burrito</b> <i>C-451 TF-8.75g SF-4g CB-69.5g</i>	<b>8 Early Release Day</b> Lunch: <b>Teriyaki Chicken w/Rice</b> <i>C-290 TF-5g SF-1g CB-43g</i>	<b>9</b> Lunch: <b>Chicken Tenders</b> <i>C-280 TF-15 SF-3g CB-17g</i>	<b>10</b> Lunch: <b>Triple B Burger</b> <i>C-365 TF-17g SF-6g CB-30g</i>
<b>13</b> Lunch: <b>Hot Dog</b> <i>C-310 TF-17g SF-6g CB-30g</i>	<b>14</b> Lunch: <b>Build Your Own Cheesy Nachos</b> <i>C-380 TF-17g SF-6.5g CB-47g</i>	<b>15 Early Release Day</b> Lunch: <b>Teriyaki Beef Noodle Bowl</b> <i>C-578 TF-12g SF-4g CB-94g</i>	<b>16</b> Lunch: <b>Carnitas Street Tacos</b> <i>C-437 TF-15.5g SF-4.5g CB-39.5g</i>	<b>17</b> Lunch: <b>Teriyaki Chicken w/Rice</b> <i>C-290 TF-5g SF-1g CB-43g</i>
<b>20</b> Lunch: <b>Chicken Chili Verde Bowl</b> <i>C-349 TF-6.25g SF-2g CB-46.5g</i>	<b>21</b> Lunch: <b>Popcorn Chicken</b> <i>C-290 TF-18g SF-3.5g CB-17g</i>	<b>22 Early Release Day</b> Lunch: <b>Orange Chicken w/Chow Mein Stir Fry</b> <i>C-330 TF-3g SF-.5g CB-56g</i>	<b>23</b> Lunch: <b>Enchirito- Chicken</b> <i>C-385 TF-14g SF-7g CB-36.5g</i>	<b>24</b> Lunch: <b>Chili Fries</b> <i>C-350 TF-9.5g SF-1.5g CB-39g</i>
<b>27</b> <b>HOLIDAY</b> <i>Memorial Day</i>	<b>28</b> Lunch: <b>Build Your Own Chicken Burrito</b> <i>C-451 TF-8.75g SF-4g CB-69.5g</i>	<b>29 Early Release Day</b> Lunch: <b>Teriyaki Chicken w/Rice</b> <i>C-290 TF-5g SF-1g CB-43g</i>	<b>30</b> Lunch: <b>Chicken Tenders</b> <i>C-280 TF-15 SF-3g CB-17g</i>	<b>31</b> Lunch: <b>Triple B Burger</b> <i>C-365 TF-17g SF-6g CB-30g</i>

**\$3.00 Lunch Meals Served Daily**

- Domino's Pizza**
- Cheeseburger**
- Corn Dog**
- Salad - Turkey**
- Salad - Chicken Caesar**
- Reg/Spicy Chicken Sandwich**

*Lunch Meal Includes: Lunch Entrée, Fresh Fruit, Vegetable, and Milk*

Calories, Total Fat, Total Saturated Fat and Carbohydrates are provided for each item. Complete nutritional information is available on our website.

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