

Middle School Breakfast Menu

February 2019



Monday	Tuesday	Wednesday	Thursday	Friday
				1 Breakfast: Breakfast Pizza* C-210 TF-7g SF-2g CB-26g
4 Breakfast: Benefit Breakfast Bar C-290 TF-9g SF-3g CB-48g	5 Breakfast: Breakfast Sandwich w/Sausage & Cheese* C-270 TF-11g SF-4g CB-31.5g	6 Early Release Day Breakfast: Yogurt Parfait C-337 TF-6.5g SF-1.25g CB-68 g	7 Breakfast: Cinnamon Glazed Pancakes w/Sausage* C-290 TF-11.5g SF-3g CB-36g	8 Breakfast: Handmade Egg & Cheese Burrito C-400 TF-21g SF-11g CB-35g
11 Breakfast: Mini Pancakes w/Sausage* C-290 TF-11.5g SF-2.5g CB-37g	12 Breakfast: Breakfast Sandwich w/Ham & Cheese C-282 TF-10.5g SF-4.5g CB-29.5g	13 Early Release Day Breakfast: Fresh Baked Breakfast Bread C-336 TF-11g SF-2g CB- 56g	14 Breakfast: French Toast Stix w/Sausage* C-340 TF-12.5g SF-2.5g CB-44g	15 NO SCHOOL Teacher Day
18 HOLIDAY Presidents Week	19 NO SCHOOL Presidents Week	20 Early Release Day NO SCHOOL Presidents Week	21 NO SCHOOL Presidents Week	22 NO SCHOOL Presidents Week
25 Breakfast: Cheese Omelet w/ Hashbrown Stick C-220 TF-13.5g SF-3.75g CB-20.5g	26 Breakfast: French Toast C-260 TF-6g SF-1g CB-45g	27 Early Release Day Breakfast: Fresh Baked Breakfast Bread C-336 TF-11g SF-2g CB- 56g	28 Breakfast: Waffle Stick w/Sausage* C-270 TF-9.5g SF-3g CB-36g	

FREE Breakfast Meals Served Daily

Bagel
Cinnamon Roll
PBJ Uncrustable
Pan Dulce
Breakfast Mini Rings
Yogurt
Cereal

Breakfast Meal Includes: Breakfast Entrée, Fresh Fruit, Fruit Juice and Milk

+ Contains Turkey; # Contains Chicken; * Contains Pork/Ham
Menu Subject To Change Without Notice

This institution is an equal opportunity provider.
All grains meet the whole grain-rich criteria for lunch and breakfast.

Calories, Total Fat, Total Saturated Fat and Carbohydrates are provided for each item. Complete nutritional information is available on our website.
www.beaumont-ca.schoollloop.com

Middle School Lunch Menu

February 2019



Monday	Tuesday	Wednesday	Thursday	Friday
				1 Lunch: Triple B Burger C-365 TF-17g SF-6g CB-30g
4 Lunch: Hot Dog C-310 TF-17g SF-6g CB-30g	5 Lunch: Build Your Own Cheesy Nachos C-370 TF-22g SF-6g CB-34g	6 Early Release Day Lunch: Teriyaki Beef Noodle Bowl C-578 TF-12g SF-4g CB-94g	7 Lunch: Carnitas Street Tacos C-437 TF-15.5g SF-4.5g CB-39.5g	8 Lunch: Teriyaki Chicken w/Rice C-290 TF-5g SF-1g CB-43g
11 Lunch: Chicken Chili Verde Bowl C-349 TF-6.25g SF-2g CB-46.5g	12 Lunch: Popcorn Chicken C-290 TF-18g SF-3.5g CB-17g	13 Early Release Day Lunch: Orange Chicken w/Chow Mein Stir Fry C-330 TF-3g SF-.5g CB-56g	14 Lunch: Enchirito- Chicken C-385 TF-14g SF-7g CB-36.5g	15 NO SCHOOL Teacher Day
18 HOLIDAY Presidents Week	19 NO SCHOOL Presidents Week	20 Early Release Day NO SCHOOL Presidents Week	21 NO SCHOOL Presidents Week	22 NO SCHOOL Presidents Week
25 Lunch: Nacho Bites C-270 TF-10g SF-4g CB-32g	26 Lunch: Build Your Own Chicken Burrito C-451 TF-8.75g SF-4g CB-69.5g	27 Early Release Day Lunch: Teriyaki Chicken w/Rice C-290 TF-5g SF-1g CB-43g	28 Lunch: Chicken Tenders C-280 TF-15 SF-3g CB-17g	

\$3.00 Lunch Meals Served Daily

Domino's Pizza
Cheeseburger
Corn Dog
Salad - Turkey
Salad - Chicken Caesar
Reg/Spicy Chicken Sandwich

Lunch Meal Includes: Lunch Entrée, Fresh Fruit, Vegetable, and Milk

+ Contains Turkey; # Contains Chicken; * Contains Pork/Ham
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